



Child Health and Disability Prevention Program Winter 2018 Newsletter

CHDP Updates

Potential New Program Activities

The CHDP program is currently going through a transitional phase. Current program activities are being reevaluated and there are several new ones being developed. With the current push to improve oral health for children all over California, CHDP will be focusing on oral health activities in the future. These general activities will inform CHDP duties as we move forward in supporting child and adolescent health throughout our county.

- 1. Fluoride Varnish Utilization Assessment of Medi-Cal Providers
- 2. Use of Registered Dental Hygienists in Alternative Practice (RDHAPs)
- Follow-Up Assistance to Dental Providers Enrolled in the Medi-Cal Dental Program

Thank you for your patience and flexibility through this transition.

Facility Site and Medical Record Reviews

As per current guidance from the State, CHDP facility site reviews and medical record reviews (FSRs/MRRs) will take place every five years instead of every three years for CHDP providers who see approximately 10% or more fee for service children.

For those offices that had FSRs/MRRs three years ago, your next review will not be until 2020. However, in order for future FSRs/MRRs to take place, that office must still see 10% or more fee for service children at that time. If an office is under 10%, it will not be required to be recertified by CHDP.

Reviews with managed care plans will still take place. Please contact your representative with any questions about future reviews for your office.

Provider Training Update

Due to the decreasing number of children using the CHDP program, we will no longer be conducting trainings for provider offices. This includes audiometric and vision screening training.

Until further notice, please contact your managed care plan representative for all future training needs.

Kids Corner

Zika Update: What Have We Learned—A Letter from Dr. Park

Zika is spread from person to person by the bite of an infected *Aedes* mosquito. So far, here in San Joaquin County (SJC), we have had 8 total cases of infection, which were all related to travel, and none in pregnant women. Symptoms are usually mild with fever, rash, headache, joint pain, red eyes, and muscle pain, and can be expected to last a few days to a week. Treatment for a child with Zika infection is mainly supportive with rest and fluids.

Zika can also be transmitted from a pregnant woman to her fetus and can result in a distinct pattern of abnormalities in a newborn called Congenital

Zika Syndrome. Infants born with this condition require follow up with a multidisciplinary team of specialists. An updated algorithm entitled "Evaluation for Infants with Possible Congenital Zika Virus Infection" was just released by the CDC in October (https://www.cdc.gov/zika/pdfs/pediatric-evaluation-follow-up-tool.pdf).

Prevention starts with avoidance of mosquito bites and draining standing water. Travel to high risk areas should be postponed by pregnant women or women planning pregnancy. After returning from any travel to an area with Zika, women should continue to practice safer sex and use birth control for 8 weeks, and men should continue for 6 months.

SJC Public Health Services is here to help: our Tuberculosis and Communicable Disease Control Unit and our Public Health Laboratory are great resources for the community. For more information, please visit: <u>http://www.sjcphs.org/</u>.

PHS Program Spotlight Series: Medical Therapy Unit (MTU)

MTU is a program within California Children's Services (CCS) that provides physical and occupational therapy at no cost for physically disabled children 0 to 21 years old in the school site. The goal of the program is to develop functional skills within the child's capabilities. Every therapy program is tailored to each child's needs.

MTU uses a team approach to each child's care called a Medical Therapy Conference. This team includes the parent, child, teacher, and any health specialists needed to manage the child's therapy and special needs. This meeting allows parents opportunities to ask questions and learn about the treatment course.

Therapy services are currently provided at the following school sites: Hoover Elementary in Stockton, McFall School in Manteca, Washington Elementary School in Lodi, and McKinley Elementary School in Tracy. Students in each district can be bussed to the appropriate site for therapy.

In order to be eligible for MTU services a child must be a resident of San Joaquin County and have a qualifying medical condition. There is only a financial eligibility consideration if the child requires durable medical equipment. To access MTU services an application for CCS must be filled out. Anyone can complete an application for CCS which can be found here: <u>http://www.dhcs.ca.gov/formsandpubs/forms/Forms/ChildMedSvcForms/dhcs4480.pdf</u>. The form for providers to refer to CCS services can be found here: <u>http://www.dhcs.ca.gov/forms/dhcs4480.pdf</u>. Forms/ChildMedSvcForms/dhcs4480.pdf.





Public Health News

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Valley Fever on the Rise

Coccidioidomycosis, better known as Cocci or Valley Fever, is common across the San Joaquin Valley and Central Coast of California. However, in recent years cases of this fungal infection have been increasing in San Joaquin County. From 2013 to 2016, the number of cases tripled with the majority occurring in the southwestern corner surrounding Tracy. There were 194 cases in 2016. There are currently 267 cases on record for 2017, the highest total since 1991.



Coccidioidomycosis Cases, San Joaquin County, 1991-2017*

Valley Fever is caused by breathing in spores that can travel in the dust in the air. It cannot be spread from one person to another.

Anyone can get Valley Fever, even the young and healthy. In order to reduce risk, avoid exposure to dusty air where the fungus is common. When it is windy outside, stay inside with the windows and doors closed. If driving, keep the windows closed and use recirculating air conditioning. Those who may be exposed through their jobs should consider close-fitting respiratory protection.

For more information: https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Coccidioidomycosis.aspx.

Winter Health Tips

Winter brings colder weather and its own set of health concerns. Here are a few tips to keep kids safe and warm this season:

- * Safe sleep for infants: extra blankets in the crib are a suffocation hazard. Sleepsacks are a good alternative.
- * Avoid dry skin: many pediatricians feel bathing 2-3 times a week is enough for infants under 1 year.
- * **Prevent winter illness:** for school age children, teach frequent hand washing and have them sneeze into their elbow instead of their hands.
- * Stay fire safe: keep space heaters at least 3 feet away from anything that can burn and turn them off at night or when you leave the room.

For more information see <u>healthychildren.org</u>.

Adult Denti-Cal Benefits Restored

Beginning in January 2018, the California Department of Health Care Services (DHCS) is restoring optional adult dental benefits for those over 21 years old and with full-scope Medi-Cal.

Restored benefits will include root canals on back teeth, gum health maintenance, partial dentures, and crowns made in a lab. A letter has been sent to all adult Denti-Cal beneficiaries notifying them of the new services that are available.

When making an appointment to use your new benefits, don't forget your child! Every child should see the dentist for regular checkups once a year. If you need help finding a dentist please call the CHDP main line at 209-468-8335.

CHDP quarterly newsletters are not intended to take the place of the CHDP Provider Manual, Provider Information Notices (PINs), or any other official correspondence from the California Department of Health Care Services. For article contributions, topic suggestions and mailing list updates, please contact Gwen Callaway at 468-8918 or gcallaway@sjcphs.org.

Resources

Give Kids a Smile 2018!

There will be a **free dental clinic** for children up to 17 years old. All children must be accompanied by a guardian.



Time: 8am-2pm

Date: February 10th, 2017

Location: St. Raphael's Dental Clinic, 545 W. Sonora St., Stockton CA (at St. Mary's Dining Hall)

Services: screenings, cleanings, X-rays, fluoride, fillings, and emergency care

For more information, please see Attachments A and B or visit: <u>www.SJDS.org</u>.

New RTD Shuttle Services

Beginning early in 2018 San Joaquin Regional Transit District (RTD) will begin offering shuttle services for **non-emergency medical transport**. These shuttles will depart from Stockton and connect with existing routes allowing patients to attend appointments in Sacramento and the Bay Area.

For more information on RTD services, please see <u>http://sanjoaquinrtd.com/</u>

Milestone Tracker App

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The CDC has developed a free app for iPhone and Android that helps parents track their child's developmental milestones.



Parents can also find a summary of their child's milestones, activities to help development, tips for what to do if they become concerned, and keep track of their child's appointments and screenings.

For more information, please see Attachment C or visit <u>https://www.cdc.gov/ncbddd/actearly/</u> <u>milestones-app.html</u>.

CHDP FAQs

There have been many changes to the CHDP program in recent months. In order to have the most accurate information on a variety of topics providers should see the CHDP Frequently Asked Questions (FAQs) on the Medi-Cal website at the following link: http://files.medi-cal.ca.gov/pubsdoco/chdp_faq.asp

For additional information, please call our main line at 209-468-8335.

PHS Car Seat Safety Classes

Public Health Services (PHS) offers free car seat safety classes every Wednesday at 11:00am in Spanish and 2:00pm in English. No registration necessary. Classes



are held at 420 S. Wilson Way, Stockton 95205.

After the class participants can buy a car seat for \$40, or \$30 with proof of low-income (WIC or Medi-Cal). Booster seats are available for \$15.

For more information, please call Maribel Hernandez at 209-468-8914.

CHDP Newsletter Team

CMS Medical Director CMS Administrator CHDP Deputy Director CHDP Public Health Educator CHDP Provider Relations CHDP Foster Care Coordination

CHDP Outreach & Support CHDP Office Assistant Maggie Park, MD Vacant

Vacant

Gwen Callaway, MPH

Annette Vegas, RN, PHN

Pam Lam, RN, Sr. PHN Jamie Crenshaw, RN, PHN Charlene Devera, RN, PHN Christine Merin, RN, PHN Annelie Steele, RN, PHN Renee Sunseri, RN, PHN

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FREE dental screenings, x-rays, cleanings, fluoride treatments, fillings and emergency care.

Saturday, February 10, 2018 8:00 am - 2:00 pm St. Raphael's Dental Clinic 545 W. Sonora St., Stockton, CA

Treatment for children up to 17 years old (must be accompanied by a parent or guardian) Will also have dental education, games and activities!

For more information, visit our website:

WW.SJDS.o



Questions? Contact Us: (209) 951-1311 sjdsstaff@sbcglobal.net Facebook.com/SJDentalSociety



La Sociedad Dental de San Joaquin presenta:

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Ofrecerán exámines dentales GRATUITOS. También limpieza de dientes, radiografías, tratamientos de fluoruro y tratamientos de urgencia.

Sabádo, 10 de Febrero, 2018 de 8:00 am - 2:00 pm Clínica Dental San Rafael 545 W. Sonora St., Stockton, CA

Edad hasta 17 años (deben ser acompañados por un padre/adulto) También tendrá juegos y actividades de educación dental!

Para mas informacion, vaya a la pagina de internet: www.SJDS.org





Preguntas? Contáctenos: (209) 951-1311 sjdsstaff@sbcglobal.net Facebook.com/SJDentalSociety

Try CDC's FREE Milestone Tracker app today...

Because milestones matter!



Illustrated milestone checklists for 2 months through 5 years





Activities to help your child's development



Reminders for appointments and developmental screening



